

**New York Volleyball Coaches/American Volleyball Coaches Association**  
**5<sup>th</sup> Annual Coaching Clinic**  
**May 17-19, 2019**  
**Lake George Jr/Sr High School – 381 Canada Street – Lake George NY 12845**  
*\*Schedule subject to change.*

**CLINIC HOTEL – GEORGIAN LAKESIDE RESORT/GIOVANNA’S – 384 Canada Street – Lake George NY 12845**

<b>FRIDAY, MAY 17, 2019</b>		
5.00PM-6.00PM	<b>CLINIC REGISTRATION</b>	
7.00PM-8.00PM	Networking/Social – Sponsored by <b>SPIKE MOUNTAIN VOLLEYBALL CAMP</b>	
8.00PM-9.00PM	Q&A with Alyssa D’Errico, Associate Head Coach, University of Dayton	

**LAKE GEORGE HIGH SCHOOL / GYMNASIUM – (Unless noted)**

<b>SATURDAY, MAY 18, 2019</b>		
7.45AM-8.30AM	CLINIC REGISTRATION/CHECK-IN	Lake George HS Gym
	CONTINENTAL BREAKFAST Sponsored by <b>ADRENALINE FUNDRAISING</b>	
8:45AM-9:45AM	Coach Alyssa D’Errico	
	<b>TOPIC: Defense and Libero Training</b>	
9.55AM-10.55AM	Coach Alyssa D’Errico	
	<b>TOPIC: 3v3 and 2v2 Drills</b>	
11.10AM-12.10PM	Coach Alyssa D’Errico	
	<b>TOPIC: Favorite Practice Drills</b>	
12.15PM-1.05PM	<b>LUNCH</b>	
1.15PM-2.15PM	Coach Matt Guifre, Head Women’s Volleyball Coach, SUNY-New Paltz	
	<b>TOPIC: Out of System Drills</b>	
2.25PM-3.25PM	Coach Matt Guifre	
	<b>TOPIC: Serve and Serve Receive</b>	
3.35PM-4.35PM	Coach Brittney Race, Head Coach, Owego Free Academy (NY)	
	<b>TOPIC: Building A Successful Program (Setting)</b>	
4.45PM-5.45PM	Coach Brittney Race	
	<b>TOPIC: Volleyball For Youth Players</b>	
**6.00PM-7.00PM	<b>NYVCA MEETING</b>	Lake George HS Gym

**LAKE GEORGE HIGH SCHOOL / GYMNASIUM**

<b>SUNDAY, MAY 19, 2019</b>		
8.15AM-9.10AM	Coach Craig Kolek, Head M/W Volleyball Coach, Rivier University	Lake George HS Gym
	<b>TOPIC: Blocking</b>	
9.10AM-9.40AM	Kathy DeBoer, AVCA Executive Director	
9.45AM-10.40AM	Coach Craig Kolek	
	<b>TOPIC: Do It All Drill</b>	
10.45AM-11.40PM	Coach Vilis Ozols, Head Volleyball Coach, Siena College	
	<b>TOPIC: Attacking</b>	
11.45AM-12.40PM	Coach Vilis Ozols	
	<b>TOPIC: “Drills and Practice Planning For Volleyball IQ, Motivation and Ball Control”</b>	

**\*\*INVITATION ONLY**